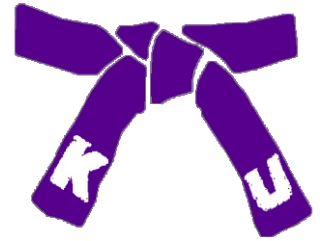




Purple Belt Written Test



Complementary Angle: _____ or _____ a body line/angle to a target, be it yours or the opponents

- ☐ A -following, riding
- ☐ B -angling, finding
- ☐ C -choosing, picking

_____ a Minor cost a Major

- ☐ A -always have
- ☐ B -never let
- ☐ C -choose when

Generally we _____ strike the same zone twice

- ☐ A -make sure to
- ☐ B -try to let him
- ☐ C -never

When you cat _____

- ☐ A -you cock
- ☐ B -v-step away
- ☐ C -keep your feet together

Cover Step: Changing your _____ leg while also changing _____

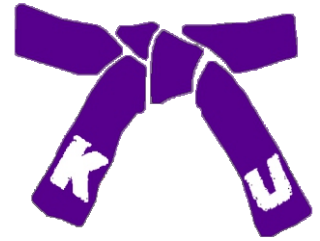
- ☐ A -back, stances
- ☐ B -lead, direction
- ☐ C -dominant, hands

Changing sides facing your opponents by losing or gaining distance meaning forward or reverse is called a _____

- ☐ A -crossover
- ☐ B -twist-through
- ☐ C -step-through



Purple Belt Written Test



A foot maneuver where you get the distance and then the rotation as a separate move is a _____

- ☐ A -twist-through
- ☐ B -step-through
- ☐ C -cross-over

Angle of _____ : striking at targets square so that there is no dissipation of power or deflection.

- ☐ A -direction
- ☐ B -incidence
- ☐ C -execution

When naming a strike you say Right or Left then _____ of execution and _____ of execution

- ☐ A -type, speed
- ☐ B -purpose, depth
- ☐ C -angle, method

Angle of _____ : the angle based on the Eight Angles of Attack and Defense that the weapon is delivered on and in what direction

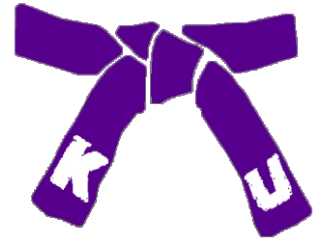
- ☐ A -execution
- ☐ B -incidence
- ☐ C -deflection

Method of Execution: How the strike is delivered which has _____ to do with the angle.

- ☐ A -nothing
- ☐ B -everything
- ☐ C -power and how



Purple Belt Written Test



Answer Page

Remember, cheating never gets you anywhere. When your instructor or Mr. Planas is standing in front of you waiting for an answer, you better know this material!

Don't look until you're done with your test.

1. A

7. A

2. B

8. B

3. C

9. C

4. A

10. A

5. B

11. A

6. C